



# Oh! For Women

*Enhances Sex Drive!*  
*Increases Desire!*  
*Increased Frequency of Orgasm!*  
*Improves Sexual Satisfaction!*

An open-labeled, flexible-dose study shows the effectiveness and safety of OH! FOR WOMEN in women with sexual dysfunction. The objective of this study was to evaluate the efficacy and safety of OH! FOR WOMEN in an open-labeled pilot study in women with sexual dysfunction of broad-spectrum etiology with more than 3 months duration. Twenty-five women were enrolled in a 12-week prospective, open-labeled, flexible-dose study. At the beginning, each subject was given open-labeled OH! FOR WOMEN product and instructions on how to take OH! FOR WOMEN as well as recommendations on their overall lifestyle. Each subject took 1 capsule in the morning daily for 12 weeks and, as needed, took 1-2 capsules approximately 30 minutes to 2 hours before engaging in sexual activities. Efficacy was determined by the responses to questions regarding **sexual desire, sexual pain, orgasm function and overall satisfaction of sex life**. Other measures of efficacy and safety included the questions about the patient's medical history and questions about OH! FOR WOMEN. At the end of the study, there was a statistically significant improvement in 4 descriptive evaluations of the 14-item questionnaire. OH! FOR WOMEN significantly increased the patient's sexual desire, orgasm function and overall satisfaction and decreased the pain during sexual activities. 68% of the patients reported an improvement in sexual arousal. No side effects were reported during this 12-week study. **This results of this study suggest that OH! FOR WOMEN is an effective, well-tolerated alternative treatment for women with sexual dysfunction.** In our own experience at SGS Research,

Initially, (12/25) of the subjects only achieved orgasm a few times or *never* had an orgasm and 36% (9/25) of the subjects had very severe or severe pain during sexual activities. 80% (20/25) of the subjects were "dissatisfied" or "very dissatisfied" with their overall sex life. 36% (9/25) of the subjects had sexual concerns of a psychological nature and 40% (10/25) of the subjects had sexual concerns of a physical nature. The other subjects' situations were uncertain.

## RESULTS

The compliance of this study and the acceptance of OH! FOR WOMEN were satisfactory. 25 subjects completed the 12-week trial period. 22 subjects took OH! FOR WOMEN every morning for 12 weeks without interruption and also took 1-2 capsules before engaging in any type of sexual activity. 3 subjects (3/25) took OH! FOR WOMEN inconsecutively, 2 of them took OH! FOR WOMEN only before engaging in sexual activities and the other 1 subject took OH! FOR WOMEN before engaging in activities, but she also took 1 capsule in the morning intermittently. All 25 subjects reported no side effects during the 12-week study.

## CONCLUSION

The results of this OH! FOR WOMEN study showed a **significant improvement on woman's sexual function including sexual desire, sexual orgasm, pain during sexual activities and overall satisfaction of sex life**. No significant side effects were reported during this 12-week study. This study indicated that OH! FOR WOMEN is an **effective, well-tolerated alternative treatment for women with female sexual dysfunction**.

The effects of OH! FOR WOMEN in the women's sexual desire, orgasm function, pain level during sexual activities and overall satisfaction of sex life were evaluated statistically and the results are shown on Table 1 to Table 4.

**Table 1. Overall satisfaction of sex life**

Scores\Time	Before		After	
	Baseline	In 4 weeks	In 8 weeks	In 12 weeks
1. Very dissatisfied	10	3	2	2
2. Moderately dissatisfied	10	4	5	2
3. Equally satisfied & dissatisfied	3	6	3	3
4. Moderately Satisfied	2	9	10	11
5. Very satisfied	0	3	5	7
Mean scores ± S.E.	1.88±0.19	3.20±0.24**	3.38±0.25**	3.76±0.24**

n=25, \*\*P<0.01 (Significant difference compared with baseline)

**Table 2. Frequency of sexual orgasm**

Scores\Time	Before		After	
	Baseline	In 4 weeks	In 8 weeks	In 12 weeks
1. Almost never or never	4	3	3	2
2. A few times (less than half the time)	8	3	2	2
3. Sometimes (about half the time)	11	12	9	5
4. Most times (more than half the time)	4	7	9	14
5. Almost always or always	0	0	2	2
Mean scores ± S.E.	2.52±0.19	2.92±0.19	3.20±0.22*	3.48±0.21**

n=25, \*P<0.05, \*\*P<0.01 (Significant difference compared with baseline)

**Table 3. Sexual desire**

Scores\Time	Before		After	
	Baseline	In 4 weeks	In 8 weeks	In 12 weeks
1. Very low or none at all	6	0	0	0
2. Low	12	6	2	1
3. Moderate	5	14	18	14
4. High	2	5	4	6
5. Very high	0	0	1	4
Mean scores ± S.E.	2.12±0.18	2.96±0.14**	3.00±0.13**	3.52±0.16**

n=25, \*\*P<0.01 (Significant difference compared with baseline)

**Table 4. Sexual pain during sexual activities**

Scores\Time	Before		After	
	Baseline	In 4 weeks	In 8 weeks	In 12 weeks
1. Very severe	3	2	1	2
2. Severe	6	3	1	2
3. Moderate	6	5	7	9
4. Light	5	7	6	4
5. Very light or not at all	5	8	10	9
Mean scores ± S.E.	3.12±0.27	3.64±0.26	3.92±0.22*	3.64±0.26

n=25, \*P<0.05, (Significant difference compared with baseline)

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